

ANNA DHANAM



Out Reach Projects - Sri Lanka - Sep'19

Special Anna Dhanam provided for the elders at Selvanagr in Vanni during September'19.

After the war over 120 elders were displaced to Selvanagar in vanni. They living under the are poverty line and are struggling to manage their day to day living. For the time. have first we introduced the "Hands-on Meals" concept in Vanni.



Elders will be provided with all the provisions for them to take all the initiative to cook a nutritious vegetarian meal, which is combined with the act of Anna Dhanam.



Our thanks go to KM Foundation for their invaluable support on the ground.....



This (Athma Shanthi) meal was sponsored in memory of late Mr Muttutamby Sivarasa by his children. Our sincere thanks.

Thanks to the Yoga Team members for their hard work in serving the needy. If anyone interested in sponsoring a meal please contact us.



We have served over 11,875 nutritious vegetarian meals to the hungry in Sri Lanka, India, Malaysia etc. during 2017 and over 12,250 in 2018 with your support.